



**Cardinia  
Division**

# SCHOOL SPORT VICTORIA CARDINIA DIVISION 2019 CROSS COUNTRY

- Date:** Monday 3<sup>rd</sup> June, 2019
- Venue:** Toomuc Recreation Reserve (Pakenham Football Ground)  
Princes Highway, Pakenham. Melways Ref: 215 K5
- Important:** There will be no parking inside the senior football oval. Ample parking near indoor stadium.
- Cost:** \$5:00 per competitor. Schools will be invoiced for this event.
- Postponement:** The event will only be postponed in extreme cases. Children should bring a change of clothes. Cross Country events are often run through rain, water, mud and other 'wet' obstacles.
- Age:** Calculated as at 31st December this year.
- Participants:** Each District may enter up to 10 competitors per age group.
- First Aid:** First Aid Staff will be in attendance on the day.
- Footwear:** Competitors are not permitted to wear spikes, football boots, hockey or other cleated shoes.
- Officials:** All Districts are expected to provide 2 course supervisors (8.30am - 1:00pm)

## Cardinia Division 9:30am-11:00am

**Districts: Officer, Pakenham, Lang Lang.**

9:30am Boys and Girls Age 9/10- 2km

10:00am Boys and Girls Age 11- 3km

10:30am Boys and Girls Age 12/13- 3km

**\*\* Please note start times are approximate, students should be at venue at least 15 minutes prior to their event\*\***

### PLACINGS & AWARDS:

- All participants will receive a certificate upon completion of the course.
- The first 3 place getters in each event will receive a medal.
- **The first 10 place getters** in each event will progress to the Southern Metro Region Cross Country

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